

Golden Triangle Tour With Yoga & Meditation

13 Days

Delhi • Jaipur • Agra • Delhi • Haridwar • Rishikesh • Delhi



Enjoy a taste of India on this outstanding tour to the most famous sights of India. Our 13 days Golden Triangle with Yoga & Meditation Tour Itinerary guides you to the most magical cities of India including Delhi, Agra, Jaipur, Haridwar and Rishikesh. Energize your body – Stimulate your soul – Calm your mind. The program gives you the opportunity to restore, balance and renew your mind, body and soul through a holistic approach incorporating the healing principles of Yoga, and Meditation technologies along with visiting the most fascinating sights of the Indian subcontinent.

TOUR HIGHLIGHTS

Free and easy tour * Comprehensive sightseeing tours. * UNESCO World Heritage Sights Visit * English speaking guided sightseeing's * Historic Delhi, India's capital city * Agra known for the Taj Mahal * The royal city of Jaipur * The holiest places of Haridwar & Rishikesh * Yoga & Meditation classes in Rishikesh * Explore the ancient, winding bazaars of old Delhi by rickshaw * Adventure of Riding a decorated painted elephant to ascend the hilltop Amber Fort in the royal city of Jaipur * Visit to magnificent forts & palaces of Jaipur * Visit to the awe-inspiring Taj Mahal * Cultural evening in a famous ethnic village resort in Jaipur * Visit to the finest museums of the country * A delightful and thrilling shopping experience * In-depth knowledge on Indian rich Culture, Traditions, Arts, Crafts, History, Heritage, Religions and much more * Indian classical dance performance and farewell dinner in Delhi.

Day 01: Arrive Delhi

Arrive Delhi's Indira Gandhi International Airport this evening. You will be met at the airport by PCTI representative who give you a warm welcome by fresh flower garlands and transfer to your hotel by your deluxe air-conditioned Car/Coach. On arrival check in & evening free for relax. Overnight at hotel.



Day 02: Delhi Sightseeing

Morning after breakfast we leave for a sightseeing tour of **Old & New Delhi**. In **Old Delhi** we visit **Jama Masjid**, this immense mosque is both the largest in India and the final architectural extravaganza of Shah Jahan with a courtyard capable of holding 25,000 devotees. The highlight of the tour is an exhilarating **bicycle rickshaw ride** through the bustling and colourful streets of fabled shopping bazaar, Chandni Chowk (Silver Street). We drive past **Red Fort citadel** and reach **Raj Ghat**, a memorial to Mahatma Gandhi is a simple black marble platform that marks the spot of his cremation on 31 January, 1948. Two museums dedicated to Gandhi are located nearby. In **New Delhi** we visit the 11th century **Qutab Minar Tower**, a **UNESCO World Heritage Site** built by Qutub-ud-din Aibek of the Slave Dynasty, who took possession of Delhi in 1206. It is a red sandstone tower, standing tall at a height of 72.5 metres and is covered with intricate carvings and verses from the holy Qur'an. **The India Gate**, a memorial raised in honour of the Indian soldiers martyred during the Afghan war and drive past the grand government buildings **the President's House** and **Parliament House** all dating back to the time of British Raj. Overnight at hotel.

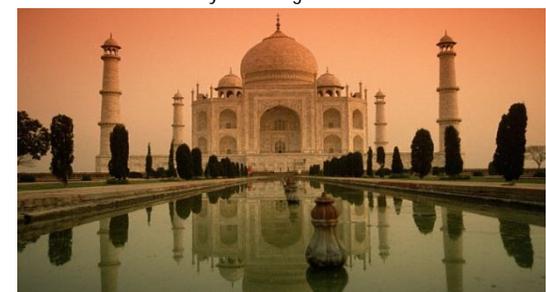
Day 03: Delhi / Jaipur (250 Km / 5 Hrs)

Morning we travel to the **royal city of Jaipur**, also known as 'The Pink City' due to the predominant colour of its buildings. Throbbing, vibrant capital city of the colourful state of Rajasthan where the regal ambience of yesteryear is still felt throughout the city's numerous carved arches and once-bejewelled fortress walls. On arrival we check inn to our hotel. Evening we visit **Birla Temple** also known as Laxmi Narayan Mandir, is situated just below the renowned Moti Dungri Fort. Built in a contemporary manner, covers the vast lands of the city of Jaipur. This temple is constructed in the finest quality of white marble. The three huge domes of the temple represent three different approaches to the religion. The beautiful white marble temple mesmerizes the onlookers, when it glows at night. We witness **Arti ceremony** at Birla Temple. Later at the time of dinner visit unique 5 star ethnic resort **Chokhi Dhani** in village ambience with **puppet shows, folk dances astrology, camel ride**. Return to the hotel. Overnight at hotel.

Later we visit **Jantar Mantar (Observatory)**, a **UNESCO World Heritage Site** which is the largest stone and marble crafted observatory in the world, having 17 large instruments, many of them still in working condition. During the tour we will also have a brief photography stop at **Hawa Mahal** - the Palace of Winds. Later in the evening we explore the city on our own and indulge in shopping for gemstones, silver jewellery, Paintings, blue pottery and hand printed textiles that Jaipur is renowned for. Overnight at hotel.

Day 05 : Jaipur/Fatehpur Sikri/Agra (250 Km / 5 Hrs)

After breakfast we drive leisurely to the home of the breathtaking white-marble **Taj Mahal - Agra**, takes us through the images of rural India. Agra was established as the Mughal capital in 1526 and is known for its chaotic and vibrant marketplace (chowk), endless auto rickshaw touts, plentiful souvenir vendors, historic temples and many grand, ancient monuments and tombs. Enroute visit **Fatehpur Sikri - a UNESCO World Heritage Site** which has been described as "the world's most perfectly preserved ghost town". Built by Akbar in the late 16th century, it was abandoned after only 14 years, and the elegant buildings of this superb walled city remain intact to this day. Overnight at hotel.



Day 06 : Agra

After enjoying a hearty breakfast at the hotel we leave to explore the monumental heritage of the Great Mughals, including the magnificent **Taj Mahal** (Closed on Fridays), a **UNESCO World Heritage Site** one of the Seven Wonders of the World and surely the most extravagant expression of love ever created. 20,000 men laboured for over 17 years to build this memorial to Shah Jahan's beloved wife. It's a wealth of white marble and semi-precious stone – **« undoubtedly the highlight of the tour »** Post lunch tour of the imposing **Agra Fort**, a **UNESCO World Heritage Site**, this powerful fortress of red sandstone encompasses, within its 2.5-km-long enclosure walls, the imperial city of the Mughal rulers. It comprises many fairy-tale palaces, such as the Jahangir Palace and the Khas Mahal, built by Shah Jahan; audience halls, such as the Diwan-i-Khas; and two very beautiful mosques. Later we have some free time to explore the local handicrafts and shopping centers of the city where one can look for marble inlay work, fine quality carpets, Zari and embroidery, leather goods etc. Overnight at hotel.

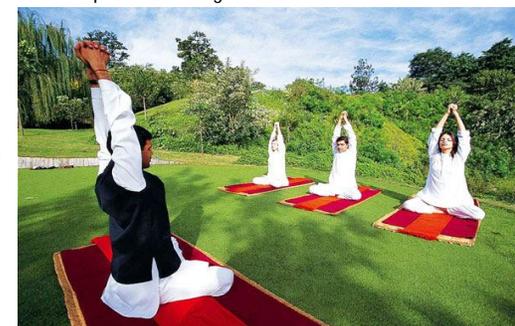
Day 07: Train Delhi / Haridwar / Rishikesh

Early Morning transfer to railway station to board the train **(06.50 – 11.25)** for **Haridwar**. One of the first towns where Ganga emerges from the mountains to touch the plains. In the evening, the Ghats (places built on the banks of the river for the holy dip in the river Ganges) look breathtakingly beautiful as thousands of diyas (earthen lamps) and flowers illuminate holy waters at time of **Ganga Aarti** - a much awaited daily ritual, where the river Ganga is propitiated for

Yoga – A product of the perennial wisdom of India. One can trace the origin of Yoga back to the period of Indus Valley civilisation i.e. at least three thousand years before Christ. **Meditation** – Meditation is an inward movement within the consciousness by the consciousness itself. It is a steady, continuous flow of attention directed towards the same object. Meditation reprograms the mind that ultimately leads to optimum health at body, mind and spirit complex. Overnight at hotel.

Day 09: Rishikesh

Early morning **walk to the centre**. Today we will do relaxation, asana, followed up by yognindra. Later back to hotel. After breakfast enjoy tour of Rishikesh visit the **Triveni Ghat**, Evening aarti of Goddess Ganga is performed at Triveni Ghat. Triveni is a bathing Ghat where people wash their sins by taking a dip in the holy water of sacred Ganga River. It is believed that the three streams of Ganga, Yamuna and Saraswati are flowing together underground at this point. **Rishikund**, Rishikund literally suggests the sage's pond. It is believed that the waters of the Yamuna drenched this pond on the request of Kubz saint. Shani mandir is also situated at Rishikund. **Laxman Jhula**, Lakshman Jhula is one of the main attraction of Rishikesh. It is 450 ft long hanging bridge on the river Ganga which was built in 1939. According to myths and legends Laksman, brother of Lord Rama crossed Ganga River on a jute rope from this point. The 13 storied temple is located near Lakshman Jhula where the idols of several Gods and Goddesses are kept. The bridge gives a magnificent view of the Ganges, greeting you with the cool breeze from the river. **Geeta Bhawan**, Geeta Bhawan is one of the oldest temple complexes situated by the side of Laxman Jhula on the banks of sacred Ganges in Rishikesh. Gita Bhawan is dedicated as a Museum for puranic and mythological awareness for the common public. Overnight at hotel.



Day 10: Rishikesh

This morning we'll get training for **PRANAVAM** (advance breathing), Dynamic yoga. Later back to hotel. After breakfast drive up to **Vashist Gufa**, Vashishta Gufa is on the banks of the Ganges. All the rafting expeditions pass by this way and the sandy beaches across the vashishta Gufa ashram are excellent for camping. The atmosphere is very calm and serene, and is away from the noise and rush of the other places along the river. The entire drive is along the Ganges towards source for about an hour. Arrive and explore vashishta Gufa (cave), where famous saint Vasistha, meditated. A perfect place for transcendental meditation. Late afternoon drive back to hotel. Evening meditation & lecture. Overnight at hotel.

Day 04: Jaipur (B)

After breakfast leave for sightseeing in **Jaipur** and visit **Amber Fort**, here we will enjoy the **Elephant Ride** to reach a top of the palace. This journey on embellished elephants is bound to enrich your memories with the Royal lifestyle of the Maharajas and leave you with a truly unforgettable experience. Inside the Fort visit Hall of Victory or Jag Mandir and Sheesh Mahal - a room with all the four walls and ceiling completely embedded with glittering mirror pieces, which were specially imported from Belgium during that period. Afternoon continue your journey: with city tour of Jaipur visiting Maharaja's **City Palace**, the former Royal residence, part of it converted into a museum. A small portion is still used by the Royal family of Jaipur. One of the major attractions in the museum is the portion known as armoury museum, housing an impressive array of weaponry-pistols, flintlocks, swords, rifles and daggers.

TS TO NOTE :

- In case of non-availability of accommodation in any of the above mentioned hotels during the required dates similar category of hotels will be provided.
- We suggest that the passengers should be covered by Travel, medical, health and other types of insurance. These cannot be obtained in India.
- The above-mentioned prices are nett and non-commissionable.
- The above prices are valid as per the validity period mentioned in price table.
- 01 Tour Leader FOC with minimum 15 paying pax group. If group size is less than 15 paying pax than there will be no TL discount possible.
- As per the hotels policy there will be a supplement charge for compulsory X-Mas & New Year Evening gala dinner at respective hotels of stay which will be advised when required.

TERMS & CONDITIONS

Booking Procedure

Booking will be confirmed on receipt of advance deposit only.

- We require 25% advance deposit to hold the booking.
- Balance 75% must reach us 30 days prior to tour departure date.

LIABILITY

The prices are subject to amendment should the Transporters/ Hoteliers amend their rates prior to commencement of the tour **PACIFIC CLASSIC TOURS (INDIA)**, while undertaking tours, transportation, hotel accommodation and other services only act as an agent on the clear understanding that they shall not be, in any way responsible or liable for any accident, damage, loss, delay or inconvenience caused in connection with the travel facilities arranged by the Company, its employees or agents. All bookings are accepted and executed with utmost care, yet no responsibility is undertaken for any change or deviation on account of factors beyond our control.

REFUND

After commencement of Travel, no refund in full or in part will be given for services includes in the program, which are not utilized.

HOTEL CHECK IN – CHECK OUT TIME

Hotel Check in - Check out time is 12 noon. Extended check in - check out time may be granted subject to availability and agreement by the participating hotels.

TRAVEL DOCUMENTS

It is the Tour member responsibility to ensure that they have valid passports and visas, where necessary.

Policy Regarding Cancellation / NO SHOW / EARLY DEPARTURE

In the event of cancellation of tour / travel services - due to any avoidable / unavoidable reason, we must be informed in writing. Cancellation charges would be effective from the date we receive advice in writing and cancellation charges would be as follow-

- Before 60 days – No cancellation charge.
- From 60 days to 45 days - 10% of the total tour / service cost
- From 45 days to 15 days - 15% of the total tour / service cost
- From 15 days to 07 days - 25% of the total tour / service cost
- From 07 days to 02 days (48 hrs) - 50% of the total tour / service cost
- From 48 hours to arrival or NO SHOW - NO REFUND

In case of Special Train Journey and peak season hotel bookings a separate cancellation policy is applicable (which would be advised as and when required). In case you cancel the trip after commencement, refund would be restricted to a limited amount, which too would depend on the amount that we would be able to recover from the hoteliers/contractors we patronize. For unused hotel accommodation, chartered transportation & missed meals etc. we do not bear any responsibility to refund.

all the bounty that she bestows on the Indian plains. On arrival at Haridwar we drive 01 hrs to the world capital of Yoga **Rishikesh**, Located 1160 feet above sea level, it is the gateway to the upper Garhwal region and the starting point to the **Char Dham** - four famous pilgrim centers namely Badrinath, Kedarnath, Gangotri and Yamnotri. On arrival check in to hotel & relax. Evening meet with your Yoga Teacher followed by briefing & instructions for Yoga & Meditation. Overnight at hotel.

Day 08: Rishikesh

Early morning transfer to the **yoga centre in Rishikesh for yoga class** followed by relaxation of body & mind. After relaxation learn about breath awareness exercise & stretching exercise. Evening in-house yoga & traditional meditation class with visiting instructor. Late evening **visit the Ghats for Arti**, dedicated to Goddess Ganga.

Day 11: Rishikesh

Full Day enjoy PRANAYAM YOGA & Advanced Techniques of Yoga. Overnight stay at the hotel.

Day 12: Rishikesh

Early morning enjoy **VIPASANA** class. Evening curative Yoga and meditation class. Overnight at hotel.

Day 13: Train Rishikesh / Haridwar / Delhi & Depart Home

Early morning transfer to the railway station to board train for Delhi **(06.22 – 11.15)**. On arrival in Delhi meet and assist at the railway station and transfer to pre booked hotel. Evening **Dinner at a popular restaurant with classical Indian dance program (Dance Show is subject to availability)** and later transfer to International airport to board in flight for onwards destination.

HOTELS TO BE USED OR SIMILAR

CITY	3 STAR	4 STAR	5 STAR	NIGHTS
Delhi	Peppermint	Golden Tulip	Crown Plaza	02
Jaipur	Libra	Ramada	Trident	02
Agra	Taj Vilas	Howard Plaza	Trident	02
Rishikesh	Sanskriti Yogpeeth	Sanskriti Yogpeeth	Sanskriti Yogpeeth	06

PRICE GIVEN FOR HIGH SEASON - 01 OCTOBER TILL 31 MARCH

PRICE FOR LOW SEASON – ON REQUEST

PRICE PRIVATE & GROUP TRAVEL - GOLDEN TRIANGLE WITH YOGA & MEDITATION

PARTICULAR	3 STAR	4 STAR	5 STAR
02 – 06 Pax	USD 918	USD 999	USD 1160
Single Supplement	USD 344	USD 374	USD 435
07 – 15 Pax	USD 894	USD 983	USD 1137
Single Supplement	USD 335	USD 368	USD 426
16 -25 Pax	USD 849	USD 938	USD 1092
Single Supplement	USD 318	USD 351	USD 409
26 -35 Pax	USD 827	USD 914	USD 1069
Single Supplement	USD 310	USD 342	USD 398

PRICE INCLUDES FOLLOWING FEATURES

- Accommodation on twin sharing basis including all applicable hotel taxes.
- Daily American breakfast in the hotel of stay.
- All meals during stay in Rishikesh (Only vegetarian food).
- All yoga and meditation classes in Rishikesh as mention in the itinerary.
- Transfers and sightseeing's by air-conditioned vehicle as per tour itinerary.
- Upto 06 Pax all sightseeing's with English speaking local Guides.
- For 07 & above pax accompanied English speaking guide/escort throughout.
- Entrance Fees of all monuments/museums mentioned in the itinerary.
- Elephant ride to ascend the hilltop Amber Fort in the royal city of Jaipur.
- Jeeps at Amber Fort in Jaipur to drive down from hilltop fort.
- Battery bus ride at Taj Mahal & Fatehpur Sikri from parking till monument.
- Cultural evening in a famous ethnic village resort in Jaipur.
- A rickshaw (Tricycle) ride through the busy streets and bazaars of Delhi.
- Farewell dinner & Indian Classical Dances program in Delhi. (Dance program is subject to availability).
- 01 Tour Leader FOC with minimum 15 paying pax group.
- All government taxes and service charges.
- Our Personal care and attention.

PRICE EXCLUDES FOLLOWING FEATURES

- Any Visa Charges.
- Any Int'l flights & airport Tax.
- Porterage
- Any camera fees at monuments.
- Any meals except those mentioned.
- Tips to Drivers, Guides, at restaurants etc.
- Items of personal nature telephone calls, telegrams, table drinks, laundry etc.
- Anything not mentioned in the 'Price Include' head.



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